



Goal Post & Pitch Size Guidelines

The Kent Girls & Ladies Football League

As a league, we are fairly unique in offering 9v9 football for all our age groups from Under 12 to Under 18. As a consequence, we understand that it is not an easy task to follow official guidelines as to what size goals and pitches should be used when various age groups play in the 9v9 format.

Facilities Availability

Our league consists of around 90 separate Clubs and each of these has their own facility arrangements. Some are lucky enough to own their own grounds with plenty of space for pitches, others have smaller venues or hire their pitches from Local Authorities or Private Sports Clubs.

Kent Girls and Ladies Football League Guidelines

The chart below shows the “Recommended” minimum size of pitch and goal for each age group, **but**.... Also, the allowable **exceptions** on goal sizes for age groups.

While we understand the desire for teams to play on the same size pitch and in the same size goals every week, we must address the reality of the situation that Clubs face in trying to provide 9v9 football for Boys and Girls from Under 11 to Under 18 without having the luxury of 2 or 3 different pitches or sets of goals.

We hope that these guidelines will allow clubs to work with the facilities they have at their disposal.

IMPORTANT NOTE

If your Pitch and/or Goals do not fit the recommended or allowable criteria for any given home game you **MUST** notify your opposition when sending out the fixture notification. Your opposition will then have the option to switch the game if they can provide the correct pitch and goals.

Recommended Goal and Pitch sizes

Age on 31 August of the relevant Playing Season	Eligible Age Groups	Maximum Permitted Format	Minimum Pitch Sizes		Maximum Pitch Sizes		Recommended Goal Sizes in feet	Ball Size
			Yards	Metres	Yards	Metres		
6	Under 7	5v5	30 x 20	27.45 x 18.3	40 x 30	36.3 x 27.45	12 x 6	3
	Under 8		30 x 20	27.45 x 18.3	40 x 30	36.3 x 27.45	12 x 6	
7	Under 8	5v5	30 x 20	27.45 x 18.3	40 x 30	36.3 x 27.45	12 x 6	3
	Under 9	7v7	50 x 30	45.75 x 27.45	60 x 40	54.9 x 36.6	12 x 6	
8	Under 9	7v7	50 x 30	45.75 x 27.45	60 x 40	54.9 x 36.6	12 x 6	3
	Under 10		50 x 30	45.75 x 27.45	60 x 40	54.9 x 36.6	12 x 6	3
9	Under 10	7v7	50 x 30	45.75 x 27.45	60 x 40	54.9 x 36.6	12 x 6	3
	Under 11	9v9	70 x 40	64 x 36.6	80 x 50	73.15 x 45.75	16 x 7	4
10	Under 11	9v9	70 x 40	64 x 36.6	80 x 50	73.15 x 45.75	16 x 7	4
	Under 12		70 x 40	64 x 36.6	80 x 50	73.15 x 45.75	16 x 7	
11	Under 12	9v9	70 x 40	64 x 36.6	80 x 50	73.15 x 45.75	16 x 7	4
	Under 13	11v11	90 x 50	82.3 x 45.75	100 x 60	91.44 x 54.9	21 x 7	
12	Under 13	11v11	90 x 50	82.3 x 45.75	100 x 60	91.44 x 54.9	21 x 7	4
	Under 14		90 x 50	82.3 x 45.75	100 x 60	91.44 x 54.9	21 x 7	
13	Under 14	11v11	90 x 50	82.3 x 45.75	100 x 60	91.44 x 54.9	21 x 7	4
	Under 15		90 x 50	82.3 x 45.75	110 x 70	100.58 x 64	24 x 8	
14	Under 15	11v11	90 x 50	82.3 x 45.75	110 x 70	100.58 x 64	24 x 8	5
	Under 16		90 x 50	82.3 x 45.75	110 x 70	100.58 x 64	24 x 8	
15	Under 16	11v11	90 x 50	82.3 x 45.75	110 x 70	100.58 x 64	24 x 8	5
	Under 17		100 x 50	91.44 x 45.75	130 x 100	118.87 x 91.44	24 x 8	
	Under 18		100 x 50	91.44 x 45.75	130 x 100	118.87 x 91.44	24 x 8	
16	Under 17	11v11	100 x 50	91.44 x 45.75	130 x 100	118.87 x 91.44	24 x 8	5
	Under 18		100 x 50	91.44 x 45.75	130 x 100	118.87 x 91.44	24 x 8	
	Open Age		100 x 50	91.44 x 45.75	130 x 100	118.87 x 91.44	24 x 8	

Goal Post Size Exceptions:

- Under 12: 16 x 7 and 21 x 7 allowable
- Under 13 (9v9): 16 x 7 and 21 x 7 allowable
- Under 13 (11v11): 21 x 7 and 24 x 8 allowable
- Under 14 (9v9): 16 x 7 and 21 x 7 allowable
- Under 14 (11v11): 21 x 7 and 24 x 8 allowable
- Under 15: 21 x 7 and 24 x 8 allowable
- Under 16: 21 x 7 and 24 x 8 allowable