

Goal Post & Pitch Size Guidelines

The Kent Girls & Women's Football League

Update: June 2026



**ACCREDITED
LEAGUE**
PART OF ENGLAND FOOTBALL



As a league, we are fairly unique in offering 9v9 football for our Under 14 to Under 18 age groups in our Flexi Format Divisions. Consequently, we understand that it is not an easy task to select which size goals and pitches should be used when these age groups play 9v9.

League Guidelines

Our league consists of around 150 separate Clubs and each of these has their own facility arrangements. Some are lucky enough to own their own grounds with plenty of space for pitches, others have smaller venues or hire their pitches from Local Authorities or Private Sports Clubs.

The chart below shows the “Recommended” minimum size of pitch and goal posts for each age group as per the new table which will be inserted into the 2026/27 Standard Code of Rules, Youth (SCOR-Y), but.... Also, the allowable League exceptions on goal sizes for age groups.

While we understand the desire for teams to play on the same size pitch and in the same size goals every week, we must address the reality of the situation that Clubs face in trying to provide 9v9 football at their venues for both for Boys and Girls teams and for ages from Under 12 to Under 18 - without having the luxury of multiple different pitches or sets of goals.

We hope that these guidelines will allow clubs to work with the facilities they have at their disposal.

IMPORTANT NOTES

- If your Pitch and/or Goals do not fit the recommended or allowable criteria for any given home game, you **MUST** notify your opposition when sending out the fixture notification. Your opposition will then have the option to switch the game if they can provide the correct pitch and goals.
- If there is any doubt / dispute about pitch or goals sizes when at a venue on a match day, you **MUST** play the game on the pitch provided. Any concerns about sizes can then be reported to the League **AFTER** the game.

2026/27 SCOR-Y AMENDMENTS

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Age on 31 August of the relevant Playing Season	Eligible Age Groups	Maximum Permitted Format	Minimum Pitch Sizes		Maximum Pitch Sizes		Recommended Goal Sizes in feet	Ball Size
			Yards	Metres	Yards	Metres		
6	Under 7	3v3	-	15 X 10	-	20 X 15	4 x 2.5	3
	Under 8	5v5	30 x 20	27.45 x 18.3	40 x 30	36.3 x 27.45	12 x 6	
7	Under 8	5v5	30 x 20	27.45 x 18.3	40 x 30	36.3 x 27.45	12 x 6	3
	Under 9		30 x 20	27.45 x 18.3	40 x 30	36.3 x 27.45	12 x 6	
8	Under 9	5v5	30 x 20	27.45 x 18.3	40 x 30	36.3 x 27.45	12 x 6	3
	Under 10	7v7	50 x 30	45.75 x	60 x 40	54.9 x 36.6	12 x 6	
9	Under 10	7v7	50 x 30	45.75 x	60 x 40	54.9 x 36.6	12 x 6	3
	Under 11		50 x 30	45.75 x	60 x 40	54.9 x 36.6	12 x 6	3
10	Under 11	7v7	50 x 30	45.75 x	60 x 40	54.9 x 36.6	12 x 6	3
	Under 12	9v9	70 x 40	64 x 36.6	80 x 50	73.15 x 45.75	16 x 7	4
11	Under 12	9v9	70 x 40	64 x 36.6	80 x 50	73.15 x 45.75	16 x 7	4
	Under 13		70 x 40	64 x 36.6	80 x 50	73.15 x 45.75	16 x 7	
12	Under 13	9v9	70 x 40	64 x 36.6	80 x 50	73.15 x 45.75	16 x 7	4
	Under 14	11v11	90 x 50	82.3 x 45.75	100 x 60	91.44 x 54.9	21 x 7*	5
13	Under 14	11v11	90 x 50	82.3 x 45.75	100 x 60	91.44 x 54.9	21 x 7*	5
	Under 15		90 x 50	82.3 x 45.75	100 x 60	91.44 x 54.9	24 x 8*	
14	Under 15	11v11	90 x 50	82.3 x 45.75	100 x 60	91.44 x 54.9	24 x 8*	5
	Under 16		90 x 50	82.3 x 45.75	110 x 70	100.58 x 64	24 x 8	
15	Under 16	11v11	90 x 50	82.3 x 45.75	110 x 70	100.58 x 64	24 x 8	5
	Under 17		100 x 50	91.44 x	130 x	118.87 x 91.44	24 x 8	
	Under 18		100 x 50	91.44 x	130 x	118.87 x 91.44	24 x 8	
16	Under 17	11v11	100 x 50	91.44 x	130 x	118.87 x 91.44	24 x 8	5
	Under 18		100 x 50	91.44 x	130 x	118.87 x 91.44	24 x 8	
	Open Age		100 x 50	91.44 x	130 x	118.87	24 x 8	

* At Under 14 age group, 21x7 is recommended but 24x8 is also permitted.

* At Under 15 age group, 24x8 is recommended but 21x7 is also permitted.

KGLFL 9v9 Exceptions: Goal Posts

U13 (9v9): 16x7 & 21x7 Allowable

U14 (9v9): 16x7 & 21x7 Allowable

U15 (9v9): 21x7 & 24x8 Allowable

U16 (9v9): 21x7 & 24x8 Allowable

U18 (9v9): 21x7 & 24x8 Allowable

KGLFL 9v9: Pitch Sizes

Pitches should be within the minimum and maximum dimensions shown in the table in the SCOR-Y rule set.

2026/27 FUTURE FIT GUIDELINES

Pitch & Equipment Set Up

Age Group	Maximum Permitted Format	Ball Size	Recommended Pitch Size Metres (without run off)	Minimum Pitch Size Metres (without run off)	Maximum Pitch Size Metres (without run off)	Recommended Goal Sizes Feet
Under 7 (Year 2)	3v3	Size 3	15 x 10	15 x 10	20 x 15	4 x 2.5
Under 8 (Year 3)	5v5	Size 3	37 x 27	27 x 18	37 x 27	12 x 6
Under 9 (Year 4)	5v5	Size 3	37 x 27	27 x 18	37 x 27	12 x 6
Under 10 (Year 5)	7v7	Size 3	55 x 37	46 x 27	55 x 37	12 x 6
Under 11 (Year 6)	7v7	Size 3	55 x 37	46 x 27	55 x 37	12 x 6
Under 12 (Year 7)	9v9	Size 4	73 x 46	64 x 37	73 x 46	16 x 7
Under 13 (Year 8)	9v9	Size 4	73 x 46	64 x 37	73 x 46	16 x 7
Under 14 (Year 9)	11v11	Size 5	82 x 50	82 x 46	91 x 55	21 x 7*
Under 15 (Year 10)	11v11	Size 5	91 x 55	82 x 46	100 x 64	24 x 8**
Under 16 (Year 11)	11v11	Size 5	91 x 55	82 x 46	100 x 64	24 x 8
Under 17 (Year 12)	11v11	Size 5	100 x 64	91 x 46	118 x 91	24 x 8
Under 18 (Year 13)	11v11	Size 5	100 x 64	91 x 46	118 x 91	24 x 8
Open Age	11v11	Size 5	100 x 64	91 x 46	118 x 91	24 x 8

All pitches must have a minimum 3m run off

*24 x 8 permitted **21 x 7 permitted

KGLFL
9v9 & 11v11 Flexible Format Divisions
Playing Guide



This is regardless of how many
players they have at the game